

7-Day Devotional:

Becoming Who You Were Created to Be



Day 1: Identity Comes First

Scripture: Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! (2 Corinthians 5:17)

You cannot live right until you know who you are.

Most people build their lives on what they do—their work, their success, their failures.

But God starts somewhere different. Our status as new creatures begins with Him. Where we emphasize our performance, He develops our identity. While we focus on our efforts, He invites us to rely upon His.

He starts with identity.

If you are in Christ, you are not defined by your past, your mistakes, or your struggles. You are made new.

Everything changes when you stop trying to become someone... and start living from who God says you already are in Him. He calls you beloved and a child of God. A status made possible through the death, burial, and resurrection of Jesus Christ.

Reflection:

Where have you been defining yourself by something other than Christ?

Day 2: What You Allow Shapes You

Scripture: Above all else, guard your heart, for everything you do flows from it. (Proverbs 4:23)

Your life is being shaped every day—
by what you allow in.

What you watch.

What you listen to.

Who you surround yourself with.

Nothing is neutral. It either supports or contradicts the transformation process God began when you chose to accept His gift of salvation.

If you want to grow, you must become intentional about the influences in your life. This requires you to die to your self-interest and compulsive use of self-destructive coping mechanisms and instead be resurrected to God's better way.

What you allow today will shape who you become tomorrow.

Reflection:

What is influencing you right now that needs to be transformed?

Day 3: Growth Requires Honesty

Scripture: Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place. (Psalm 51:6)

You cannot grow beyond what you are unwilling to face.

Most people stay stuck not because they lack knowledge—but because they avoid honesty. They don't want to look at and deal with the ugliness that is covering over their God-given beauty.

Honesty about their struggles.

Their habits.

Their patterns... their hurts.

God does His deepest work in the places we stop hiding. He is committed to developing all of you to reflect His goodness and righteousness. It begins with honestly assessing where we are in our commitment to Him.

Reflection:

What are you avoiding that you need to bring into the light?

Day 4: Discipline Builds Strength

Scripture: No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize. (1 Corinthians 9:27)

The life you want is built through what you do consistently.

Not occasionally.

Not when you feel like it.

But daily.

Discipline is not punishment—it's preparation. It is being willing to experience a temporary "ouch" for the greater good of growing to become who God has called you to be.

It shapes your character and aligns your life with your calling. To succeed requires a willingness to submit to His will, an understanding of His plan, a seeking of His empowerment to complete the steps required and an openness to love like He does.

Reflection:

What is one area where you need to become more disciplined?

Day 5: You Were Not Meant to Do This Alone

Scripture: As iron sharpens iron, so one person sharpens another. (Proverbs 27:17)

Isolation weakens people. Whether we like it or not, the predators of life always attack those first who are outside the herd. You need a community of strong, supportive relationships.

You need friends in your life who will:

- Challenge you
- Encourage you
- Hold you accountable

Growth accelerates when you stop trying to do life on your own. It begins when you follow God's will and enter into the challenges of developing a relationship with an individual who is imperfect, just like you.

Reflection:

Who are the people in your life that are sharpening you?

Day 6: Your Choices Matter More Than You Think

Scripture: Do not be deceived: God cannot be mocked. A man reaps what he sows. (Galatians 6:7)

You are building your life—one decision at a time.

Small choices.

Daily decisions.

Quiet moments no one sees.

They all matter.

The direction of your life is not determined by what you intend—but by what you consistently choose.

God is the authority on all things. He wants His Spirit to enter into your decision making allowing Him to purify your thoughts and help you manage your emotions. His Word reshapes your actions and life as you seek to follow Him. Before making any decision, shouldn't we first at least ask Him?

Reflection:

What choices are you making right now that are shaping your future?

Day 7: Live With Purpose

Scripture: For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:10)

Where are you?

You were not created to drift.

You were created with purpose.

To grow.

To lead.

To impact others.

But purpose is not something you find—it's something you step into.

And it starts with obedience.

Not someday.

Today.

Reflection:

What is one step you can take today toward the life God is calling you to live?

If this devotional has helped you, explore more resources at LiveUp Resources designed to help you grow in faith, identity, and purpose. (LiveUpResources.com)