

# 50 VALUES

The following list of 50 values can help you get started on establishing a strong belief system. Rank the 10 most important in your life to help you learn more about yourself and what matters to you. Completing this exercise will allow you to determine whether your actions accurately reflect your identity. And if you find that they don't, you'll know exactly where you need to start making changes.

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|----------------------|--------------------|----------------------|
| _____ Accountability | _____ Growth       | _____ Recognition    |
| _____ Ambition       | _____ Health       | _____ Respect        |
| _____ Balance        | _____ Honesty      | _____ Responsibility |
| _____ Bravery        | _____ Independence | _____ Service        |
| _____ Cleanliness    | _____ Integrity    | _____ Stability      |
| _____ Commitment     | _____ Kindness     | _____ Success        |
| _____ Consistency    | _____ Knowledge    | _____ Talent         |
| _____ Contentment    | _____ Leadership   | _____ Tolerance      |
| _____ Cooperation    | _____ Logic        | _____ Toughness      |
| _____ Creativity     | _____ Love         | _____ Trust          |
| _____ Effectiveness  | _____ Loyalty      |                      |
| _____ Efficiency     | _____ Maturity     |                      |
| _____ Empathy        | _____ Money        |                      |
| _____ Experience     | _____ Morality     |                      |
| _____ Expertise      | _____ Openness     |                      |
| _____ Fairness       | _____ Originality  |                      |
| _____ Faith          | _____ Passion      |                      |
| _____ Family         | _____ Patience     |                      |
| _____ Freedom        | _____ Perfection   |                      |
| _____ Fun            | _____ Productivity |                      |

