

15 Principles to Live By

Lesson from Squire: The Training of the Knight

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I. What does the true knight **b**_____ that affects what he expects of himself and his world?

A. Beliefs guide his **c**_____, increase his power, and strengthen his sense of responsibility.

B. As a result of taking responsibility, the true knight:

1. Knows that he is not a **v**_____ of life.

2. Determines to **live** by his principles.

3. Chooses to be one of life's **a**_____.

4. Recognizes that there is an author **greater** than himself.

II. What are the 15 Principles of Manhood?

1. Males are **born**, while men are **f**_____.

2. A man is responsible for **all** of his choices.

3. A man's world is constantly in **motion**.

4. Men are amazing; every man is of infinite worth.

5. Men do whatever it **takes**; therefore, men do what's **hard**.

6. A man is dedicated to continuous **l**_____.

7. Only the **true** you will get you through.

8. A man **s**_____ the forest* more than the forest shapes the man.

* The "forest" is what we call life, including the culture, the world and the environment, as it surrounds and presents itself to each male.

9. The best way for a man to predict his future is to c_____ it.
10. A man accepts that to live is to be **challenged** through crisis and hardship. He understands life's 80/20 factor.
- ____% of the time, a person's experiences go smoothly.
- ____% of the time, a person's experiences go poorly.
- A man attempts to limit his **contributions** to the 20% and uses his positive attitude to deal with the rest.
11. A man never stands a_____ unless he is taking a stand.
12. A man knows when to say, "I was wrong," and humbly faces his **errors**.
13. A man does not always get it **right** the first time, but he keeps on trying until he does.
14. A man lives by his principles.
15. A man submits to an authority outside of h_____.

Action Steps: *Identify two areas in your life in which you are choosing to be a victim.*

* To view the images we have associated with the 15 Principles of Manhood, visit www.K21.men/principles.

Resources:

- *The Heroic Man's Journey* DVD series, *Squire: The Training of the Knight* (Level 1) by Dr. Roy Smith
- *Following God in the Raw* DVD series featuring Robert Amaya, T.C. Stallings, Jeff Kemp and Roy Smith
- BOOKS by Dr. Roy Smith on mentoring children, teenagers and men of all ages: *Why Not Try to Hit the Real Target—Men*, *Being God's Man*, *Bull*, *Basic Warrior Training* and *The Campfire Gang* series (ages 5-12 years).

* Free coaching and support for all of our Mentoring resources.

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* Visit us at www.liveupresources.com for men's, women's and youth resources.